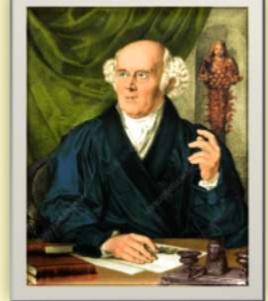
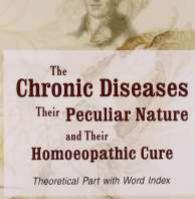
# EXPLORING THE CONCEPT OF MIASM WITH ITS CLINICAL UTILISATION IN HOMOEOPATHY





Benranged and Augmented Edition

Dr. Samuel Hahnemani

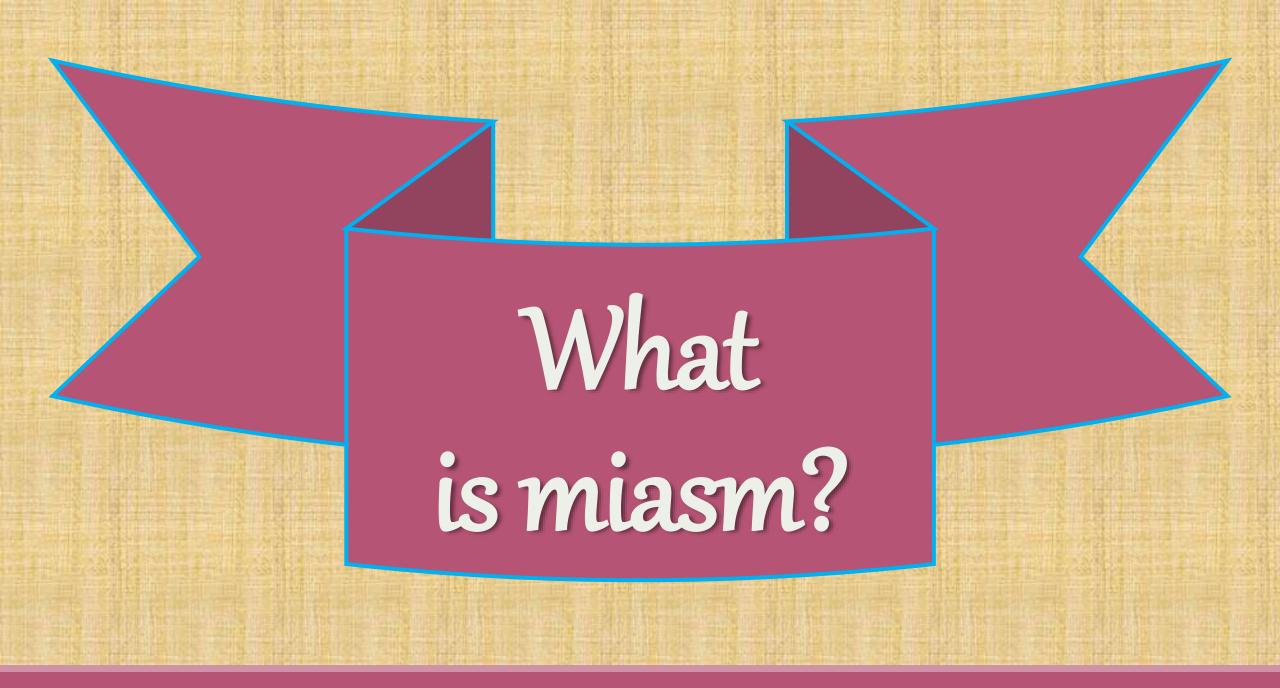
DR MANPREET KAUR

BHMS, MD(Hom.), PhD(Hom.), DNHE, FELLOWSHIP IN PALLIATIVE CARE

PROFESSOR, DEPARTMENT OF PATHOLOGY

<u>JR KISSAN HOMOEOPATHIC</u> MEDICAL COLLEGE AND HOSPITAL





## MIASM

Miasm – from Greek – miasma. The literal meaning of miasm is "stain", taint, pollution or dynamic obnoxious (disease producing) agent. Hahnemann initially formulated this fundamental cause of all true chronic diseases into three parts

- A. Non-venereal i.e., (i) PSORA
- B. Venereal i.e., (ii) SYPHILIS and (iii) SYCOSIS

In today's time we may call it: Defect or Groove in Psycho-Neuro-Immunology (PNI)



### **Stain**

### A groove, a fault A defect in our constitution

MIASM ACCORDING TO HAHNEMANN –

MIASM IS STAIN ON VITAL FORCE Which has been inherited by us and predisposes us to fall sick Hahnemann's discovery of miasms

- In homoeopathic pathology, the ground of occurrence of disease lies in the miasmatic background of any individual.
- In order to understand miasms, through the homoeopathic viewpoint, one must know what are chronic diseases and how they are related to chronic miasms.

### Hahnemann has defined chronic disease in §72 of his Organon of Medicine as:

"...they are diseases of such a character that, with small often imperceptible beginnings, dynamically derange the living organism, each in its own peculiar manner, and cause it gradually to deviate from the healthy conditions, in such a way that the automatic life energy, called vital force, whose office is to preserve the health, only opposes to them at the commencement and during their progress imperfect, unsuitable, useless resistance, but is unable of itself to extinguish them, but must helplessly suffer (them to spread and) itself to be ever more and more abnormally deranged, until at length the organism is destroyed; these are termed *chronic diseases.*"

- Master Hahnemann has explained here that the chronic diseases are the ones which begin unknowingly and keep growing till the diseased person dies. Their cure is possible only by a homoeopathic similimum.
- To reach a similimum in each case of such disease, the physician has to perceive the patient in detail to understand the chronicity of the disease.
- The only way, for this is to evaluate the characteristic symptoms in each given case which is explained by Hahnemann in §153 of his Organon of Medicine, as: "In this search for a homoeopathic specific remedy, that is to say, in this comparison of the collective symptoms of the natural disease with the list of symptoms of known medicines, in order to find among these an artificial morbific agent corresponding by similarity to the disease to be cured, the more striking, singular, uncommon and peculiar (characteristic) signs and symptoms of the case of disease are chiefly and most solely to be kept in view; ..."

Before deciding upon the prescription in these cases, it is important to know about their miasmatic details, which are elicited through a detailed anamnesis of the case.

- In his book 'The Chronic Diseases, Their Peculiar Nature and Their Homoeopathic Cure', Hahnemann has elaborated how infectious disease affect the individual, society and humanity as a whole.
- So, when infectious, itch diseases like leprosy, scabies, small pox, chicken pox, measles affected the constitution of man, and caused a 'fixed' disturbance in the constitution, it manifested in the form of skin symptoms such as eruptions and itching.
- But a one-sided destruction of the chief skin-symptom (eruption and itching) led to innumerable acute and chronic illnesses.

Hahnemann refers to Ludwig Christian Juncker, in his Chronic Diseases, who surveyed that one-sided destruction of eruption and itching over skin caused innumerable acute and chronic illnesses, as manifold as the peculiarities of bodily constitutions and of the outer world which modifies them. This fact was confirmed with 100 other writers also.

So, Hahnemann got the impression of his concept of miasms from Juncker

The quote from Junker also shows how the four classical temperaments and various diathetic constitutions condition the signs and symptoms produced by the suppression of psora.

The diseases, partly acute but chiefly chronic, springing from such a one-sided destruction of the chief skin-symptom (eruption and itching) which acts vicariously and assuages the internal Psora (which destruction is erroneously called " Driving the itch into the body '') are innumerable; as manifold as the peculiarities of bodily constitutions and of the outer world which modifies them. A brief survey of the manifold misfortunes resulting thence is given by the experienced and honest LUDWIG CHRISTIAN JUNCKER in his Dissertatio de Damno ex Scabie Repulsa, Halle, 1750, p. 15-18. He observed that with young people of a sanguine temperament the suppression of itch is followed by phthisis, and with persons in general who are of a sanguine temperament it is followed by piles, hemorrhoidal colic and renal gravel; with persons of sanguino-choleric temperament by swellings of the inguinal glands, stiffening of the joints and malignant ulcers (called in German Todenbrüche); with fat persons by a suffocating catarrh and mucous consumption; also by inflammatory fever, acute pleurisy and inflammation of the lungs. He further states that in autopsies the lungs have been found indurated and full of cysts containing pus; also other indurations, swellings of the bones and ulcers have been seen to follow the sup-E pression of an eruption. Phlegmatic persons in consequence of such N suppressions suffered chiefly from dropsy; the menses were delayed, and when the itch was driven away during their flow, they were changed into a monthly hemoptysis. Persons inclined to melancholy were sometimes made insane by such repression; if they were pregnant the foetus was usually killed. Sometimes the suppression

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Dr Hahnemann writes in the theoretical part of his Chronic Diseases:

"The diseases, partly acute but chiefly chronic, springing from such a one-sided destruction of the chief skin-symptoms (eruption and itching) which acts vicariously and assuages the internal Psora (which destruction is erroneously called "Driving the itch into the body") are innumerable; as manifold as the peculiarities of bodily constitutions and of the outer world which modifies them.

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His experiences were frequently confirmed by the observations of others.."

- Hahnemann, during his era, worked on the trail of Ludwig Christian Juncker and categorized the symptoms of diseases under three miasms, Psora, Syphilis and Sycosis, after taking a detailed anamnesis of the cases. Each of these miasms have primary manifestations followed by secondary manifestation. Hahnemann defined Cause, Types, Stages, Symptoms, Treatment methods and Method of eliciting the miasms.
- Hahnemann lists the chief symptoms of psora in his Chronic Diseases and explains that psora can produce many diseases because these symptoms are produced in accordance to the individual's constitution, inherited predispositions, emotions, lifestyle abuse, diet, and morality.
- The symptoms of other two miasms: syphilis and sycosis are also given but in lesser number as compared to psora.

#### Refer: §80FN also

- From 1790-1815, Hahnemann experienced a great success in the treatment of his patients.
- But, as early as 1816, he observed that though the patients were often very much relieved, they were not cured, for their complaints would return more or less by many unfavourable circumstances, such as errors of diet, poor hygienic conditions, unfavourable weather, emotions, etc. [Hahnemann treated a number of cases, where the patient progressively became worse. He found that inspite of taking good living style, diet, cure did not occur. Whatever homoeopathic medicine was given, patient was not improving.]
- Their return, under these circumstances, was generally attended with the appearance of new symptoms, often more troublesome and more difficult of removal than before.

Even when the treatment of these chronic diseases was conducted strictly according to the doctrines of the homoeopathic art, Hahnemann himself owned that:

"Their beginning was promising, the continuation less favorable, the outcome hopeless", which meant that-

- At the *beginning* of the treatment of chronic diseases, relief is felt immediately after taking the homoeopathic medicine (*beginning was promising*)
- Then after this, the *progression* of this cure stops and the patient says that he is not getting any further relief (*continuation less favourable*)
- But after this, the *result* was that these diseases kept on troubling the patients throughout their lives and did not result in recovery (*outcome was hopeless*)

As he continued to administer his remedies he noticed that certain chronic patients, who responded well at first, either relapsed or slowly became more ill. Of this experience, he said: **"The remedy which was serviceable the first time would prove less useful, and when repeated again it would help still less"**.

- Hahnemann began to wonder about the cause of these complicated chronic diseases that were resisting his treatment.
- For 12 years Hahnemann quietly searched for the fundamental cause of the chronic diseases, that was slowly destroying the health of his patients.
  - First 2 years, (1816 and 1817) Hahnemann quietly searched for the fundamental cause of the chronic diseases that was slowly destroying the health of his patients. He understood the fundamental cause behind but he reconfirmed it for 10 years!
- So, in such cases, he took the Anamnesis, i.e., extensive past history of the case and he came to know that patient suffered from some itching, some venereal infection in the past which did not eradicated.

Hahnemann also found that sometimes (i.e, in some of the cases) the patient was unable to remember but 'similar' thing had actually happened in the past. So, now he prescribed on that basis and found the result and cure occurred.

He concluded that these cases are supressed, maltreated cases of some miasm; so it is due to some miasmatic derangement, that was preventing the cure of the illnesses.

So he found that these cases have a miasmatic cleavage and in order to cure them, we have to remove this miasmatic cleavage.

After prolonged patient observation, study and experience gathered from careful experimental verifications and treating innumerable patients suffering from chronic disease, in 1827, he was ready to communicate his new epoch-making discovery, the 'theory of chronic diseases' to the profession.

This theory was published in the book:

### Die Chronischen Krankheiten,

(popularly known as " The Chronic Diseases, Their Peculiar Nature and Homoeopathic Treatment," which appeared the next year, 1828).

The editions of this work were published between the years 1828 to 1839.

The Chronic Diseases was followed in 1829 by its philosophical counterpart, the 4th edition of Organon.

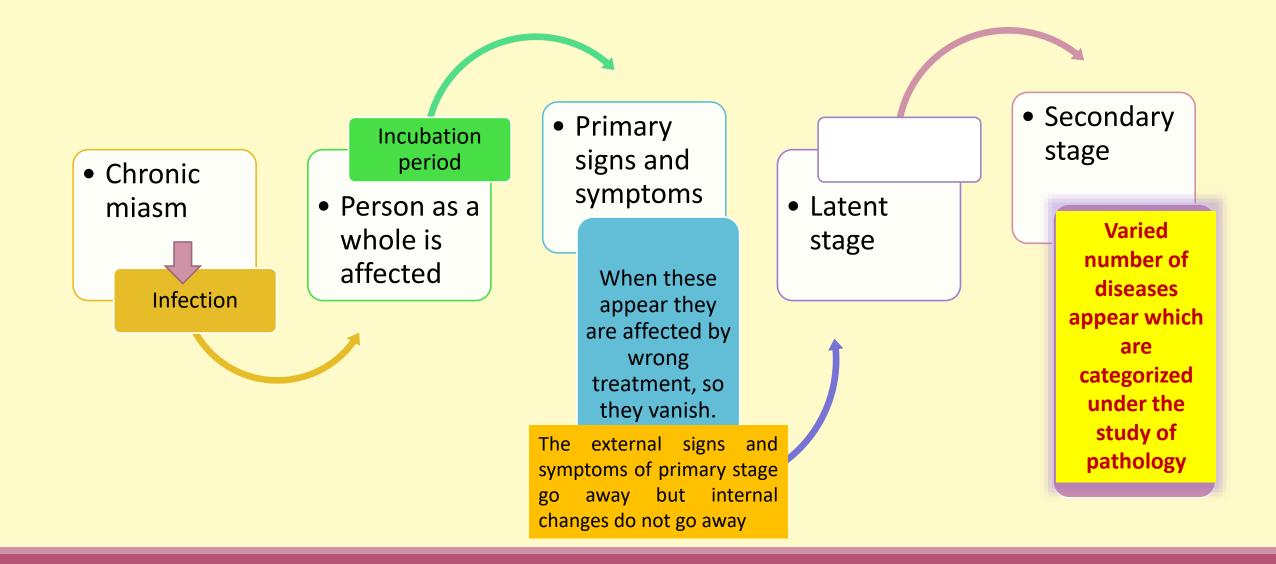
So, in The Chronic Diseases and the 4<sup>th</sup> edition of Organon, Hahnemann made public for the first time his theory of the chronic miasms.

THIS THEORY IS ALSO ONE OF THE CARDINAL PRINCIPLES OF HOMOEOPATHY

# Result of Hahnemann's Investigation of Chronic Diseases

# **Result of Hahnemann's investigation**

- Hahnemann's investigation of chronic diseases led him to discover three kinds of miasmatic infection, e.g., psora, syphilis and sycosis, each accompanied with itchy vesicular eruptions, chancre or bubo and condylomata respectively (primary stage of the three miasms).
- He told that the suppression of these three kinds of local manifestations lead to innumerable named or unnamed chronic maladies (latent stage, and secondary or tertiary state) from which people suffer.
- Consequently, intensification of the respective internal diseases and progressive affection of various internal organs one after another takes place.
- The effects of these miasms pass from one generation to the next generation by inheritance and cause predispositions to certain disease syndromes.



## Latent Stage

- ◆ During the Latent stage, patient gets 'insignificant symptoms' constantly (so long as the patient is robust and gets nutritious food and has a balanced mental state.) – LESSER ACCESSORY SYMPTOMS (§95)→ These are the symptoms of latent miasmatic state. These are important because during case taking, we get symptoms of secondary stage but during stage of latent psora, these symptoms were constitutional symptoms.
- Acute illnesses arise because of Latent miasm in the background. Exciting causes excite latent miasms and acute disease comes up. Refer §73 for details.
- All the constitutional symptoms are the expression of miasms, from its latent stage.... And these constitutional symptoms provide characteristics/keynotes for prescribing. Treatment must be given at latent stage itself.

# In §204 of his Organon of Medicine, Hahnemann says that the entire

organism is pervaded by the miasm (internal syphilis, internal sycosis, internal psora-in the greatest proportion) before its primary symptom (in the case of psora the scabious eruption, in syphilis the chancre or the bubo, and in sycosis the condylomata) appears. The primary symptoms serve to prevent the outbreak of the internal disease. When its representative local symptoms (primary symptoms) are removed, the miasm expresses itself through the development of its characteristic chronic disease (each miasm presents with its own characteristic symptoms in its secondary stage). The cure of these chronic diseases is possible only by the employment of internal homoeopathic remedies and not by any topical treatment.

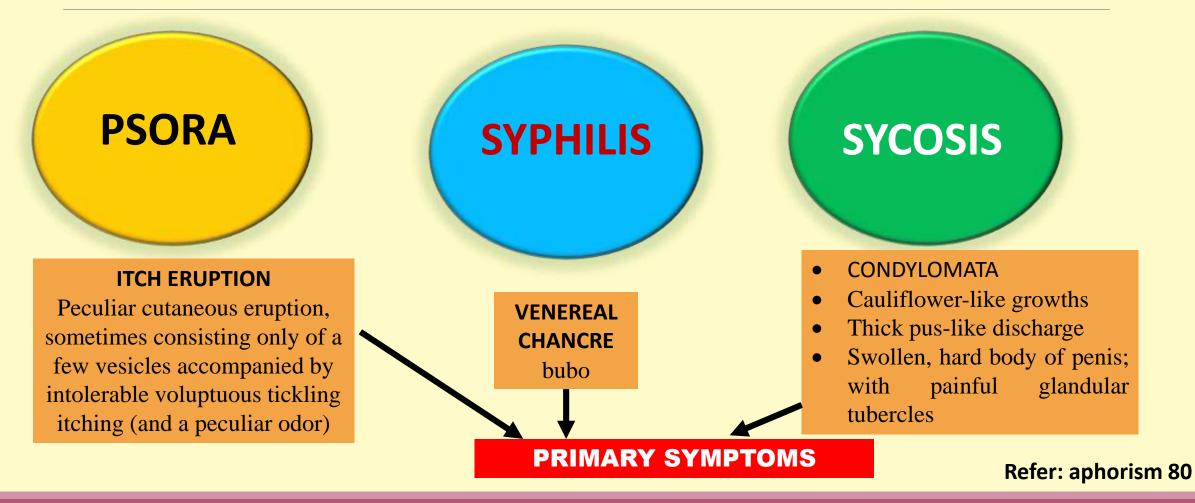
## Result of Hahnemann's investigation

There are symptoms of primary psora and there are symptoms of secondary psora.

When we understand all these, we will come to know about peculiar symptoms of each miasm

We must know in primary stage, what are the peculiar symptoms of each miasm and in secondary stage, what are the peculiar symptoms of each miasm

### THREE MIASMS GIVEN BY HAHNEMANN



### **PRIMARY SYMPTOMS OF MIASM**

- IMPROPER TREATMENT OF
   PRIMARY MIASM
- §81FN
- External remedies (§205)
- Suppressions by allopathic medicines, mineral baths
- Etc.

### SECONDARY SYMPTOMS

CURE IS ALWAYS AFFECTED BY PRESCRIBING ON THE BASIS OF INDIVIDUALISATION (§82, §209) Various diseases with special namesas studied under pathology Refer: §80, §81FN

### **CURE OF CHRONIC DISEASES**

- The cure of these chronic diseases is possible only by the employment of appropriate antimiasmatic remedy, specific for each of the miasms (psora, syphilis and sycosis). When applying "anti-miasmatic" remedies, specific for each kind of miasms, to the treatment of chronic conditions, Hahnemann was able to improve the results of treatment obtained.
- Hahnemann called a drug to be an "anti-miasmatic" drug-
  - 1) If it *produces* the symptoms of miasm- of primary *and/or* secondary stage;

#### and/or

When this drug *cures* these primary/secondary stage symptoms of the miasm

2) When on giving/application of these drugs, the signs and symptoms of secondary stage of miasm were transformed to signs and symptoms of the primary stage of miasm and later the symptoms of the primary stage also get cured off.

Hahnemann told three medicines for each of the three miasms, i.e., Sulphur for Psora, Mercury for Syphilis and Thuja for Sycosis.

These remedies during their proving were found to have a similar nature to the syndromes produced by the three miasms, i.e., these remedies could produce their specific symptoms in their primary stage and/or secondary stage and/or cure these primary/secondary stage symptoms of the miasm.

Also, on giving/application of these drugs, the signs and symptoms of secondary stage of miasm were transformed to signs and symptoms of the primary stage of miasm and later the symptoms of the primary stage also get cured off

#### Hahnemann describes an anti-miasmatic medicine in his book, *Chronic Diseases*, as:

"Still only those remedies have been acknowledged as antipsoric whose pure effects on the human health gave a clear indication of their homeopathic use in diseases manifestly psoric, confessedly due to infection; so that, with an enlargement of our knowledge of their proper, pure medicinal effects, in time it may be found necessary to include some of our other medicines among the antipsoric remedies; although even now we can with certainty cure, with the antipsorics now recognized, nearly all non-venereal (psoric) chronic diseases, if the patients have not been loaded down and spoiled through allopathic mismanagement with severe medicine-diseases, and when their vital force has not been depressed too low, or very unfavorable external circumstances make the cure impossible. Nevertheless, it need not be specially stated that the other proved, homœopathic medicines, not excepting *mercury*, cannot be dispensed with in certain states of the psoric diseases."

- Thus, we can say that antimiasmatic remedies are deep and long-acting remedies.
- They are of special value in the treatment of chronic disease and for the eradication of inherited and constitutional disease tendencies.
- The medicines contained in Hahnemann's Chronic Diseases consists of the symptomatology of a series of deeply acting drugs, the so-called anti-psoric remedies, those especially adapted to the cure of chronic diseases.
- Hahnemann gave a total of 47 'anti-miasmatic' remedies in his Chronic Diseases.

# Hahnemann's classification of diseases

#### Hahnemann gave classification of diseases chronic in nature

### Classification of chronic diseases:

1. Artificial chronic diseases: Diseases which are due to drugging. These are not chronic diseases. Miasms need not to be searched. Hahnemann says that such kind of diseases/ patients should be separated. Hahnemann teaches about Artificial Chronic Diseases before True Chronic Diseases in his Organon of Medicine, because he tells that maximum cases found will be of Artificial Chronic Diseases. Homoeopathy is not for Artificial Chronic Diseases. We should see that on decreasing the medicine with which patient has been drugging the disease should start decreasing and should not persist. If it persists, it means it has opened up the true chronic disease of the patient

We have to see that disease is persisting  $\rightarrow$  We have to identify such cases  $\rightarrow$  individualise  $\rightarrow$  give the indicated medicine

60-70 % cases are because of undue medication

# Hahnemann's classification of diseases

- i. We have to save the patient from undue medication otherwise the patient may get deep diseases due to undue medication itself
- ii. Next importance should be given to lifestyle. We have to improve upon the lifestyle of patient. Due to lifestyle a chronic disease is developing which is *pseudochronic* but will look as a chronic disease
- iii. If the disease is not subsiding by improving lifestyle also then, it must strike us that the miasm is hidden behind

If inspite of perfect lifestyle patient fall ill, it is because of true chronic disease

Disease (wrong lifestyle), Disease (wrong drugging)  $\rightarrow$  still persisting diseases  $\rightarrow$  disease due to miasm

Hahnemann gives importance in the following manner – 1. Undue medication, 2. Lifestyle, 3. Miasm. Third importance is given to miasm. Before that, wrong lifestyle and wrong medication have to be removed

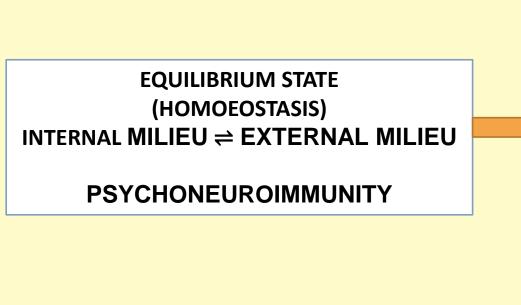
# Miasms in modern era-

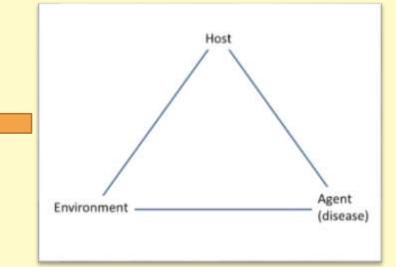
psychoneuroimmunology

- In §80, Hahnemann tells that when the WHOLE organism is affected, the primary symptoms of psora develop. When the primary symptoms of psora came in those days people were unaware that human beings have big mechanism of fighting with the agents (i.e. psychoneuroendocrinal axis)
- Our Psychoneuroendocrinal axis is loaded with Psora, syphilis and sycosis, with which we are born!
- When the predisposing factors from the environment affect us, the psychoneuroendocrinal axis gets deviated and leads to the development of disease in our body. The predisposing factors act as trigger factors which make the dormant disorders in the psychoneuroendocrinal axis to arise and then disease is caused in the body.

Predisposing factors can be from environment, agent or host.



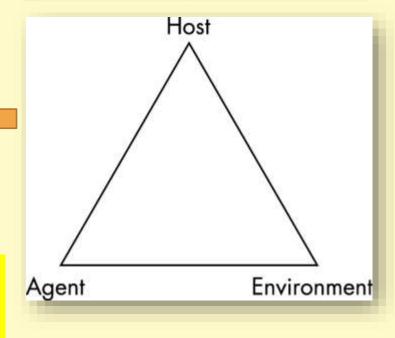


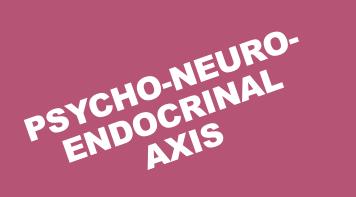


MIASM BEING A 'STAIN' IN US MAKES US SUSCEPTIBLE TO CATCH DISEASES/ FALL SICK

DISTURBED PSYCHONEUROIMMUNITY

This interaction between host, agent and environment is constantly changing. This indicates dynamicity





Miasm is a defect in our psychoneuroimmunology

#### ILLNESS RESULTS WHEN THE PSYCHONEUROENDOCRINAL AXIS IS DEVIATED

- Deviation of the psychoneuroendocrinal axis is expressed in the form of symptoms (primary symptoms)
- When these symptoms are not properly treated, then secondary symptoms of miasm result
- All the acute miasms deviate the psychoneuroendocrinal axis but they don't have the capacity to keep it deviated. They come and go away.
- The three miasms have the capacity to keep it deviated, unless treated with a proper Homoeopathic remedy. Homoeopathic remedy corrects the deviation of the psychoneuroendocrinal axis. When its deviation is corrected health results!
- For ALL the diseases, the cause is a miasm lurking in the background

FOR MORE READ §81 WITH ITS FOOTNOTE IN DETAIL

# Miasm during Hahnemann's era and today's Modern era – a small comparison

Miasm is a defect in our psychoneuroimmunology which was present in our past or in our family history and caused a deviation in our immunity, leading to catching of infection/falling sick.

### Today's era

- To check this deviation, we do various tests in the laboratory these days, to understand the illnesses
- But we don't have any tests to investigate miasm. We don't have any test/lab for investigating miasm/ which can tell that with which miasm a baby is born with

### Hahnemann's era

Hahnemann understood this with the help of microbiology. He studied the alteration in the immune system with the concept of microbiology

## clinical microbiology

### Hahnemann's era

There was lack of treatment in those days, so proper cure of the symptoms could not be done and the illnesses got suppressed. Then these got carried forward to the future generations

### Today's era

The effect of this can be seen today, manifested, in the form of symptoms of our different constitutions, temperaments and reactions (susceptibilities)

> Psora is the biggest of all miasms and shows itself in most manifestations.

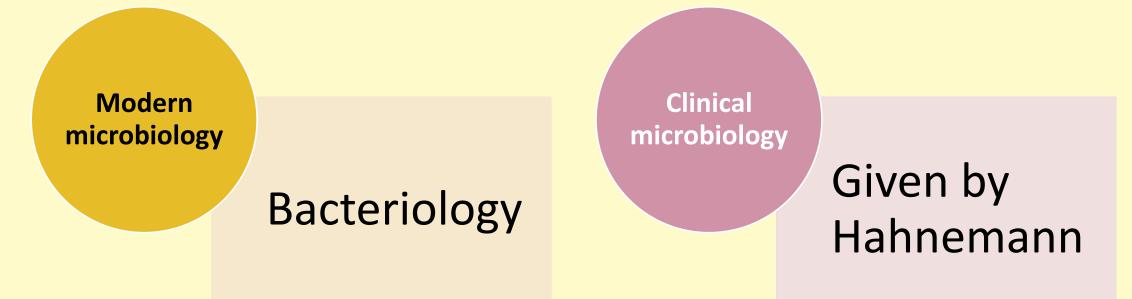
Hahnemann studied the sickness as clinical symptoms- as clinical microbiology

Therefore, miasm and pathology, both are microbiology, both are same

We study the symptoms with the help of laboratories There is more laboratory work and less clinical work these days

All this will determine the **future** of miasms, we don't have any lab work for investigating miasm

## Miasm is also pathology and what we study today is also pathology



Miasms are nothing but the classification of the disease on the basis of pathological state

### Hahnemann's era

Psora is the oldest miasm. In earlier days homoeopathy was not there, but Ayurveda was there. The treatment in those days were done mostly on natural grounds (effects of environmental influences), spiritual grounds, Ayurveda (vat pit kapha) etc. So, treatments were more in natural ways and people also lived in natural ways.

### $\downarrow$

Infections and then diseases resulted the more we moved away from nature

 $\checkmark$ 

Then groups of symptoms (diseases) came

#### $\downarrow$

Hahnemann sorted these symptoms into 3 broad groups. Hahnemann studied the diseases and sorted them into 3 broad groups. (Psora, Syphilis and Sycosis). He also classified medicines in the same way

3



Because of lack of treatment/wrong treatment, these symptoms got suppressed, and person as a whole is affected (PNI deranged)

So when a person gets a stimulus of emotional upset, weather conditions (Agent or Environment) etc, the internal miasm explodes and manifests as secondary symptoms of miasm (varied symptoms and diseases).

### These days----

## This concept of development of diseases is not understood in modern pathology

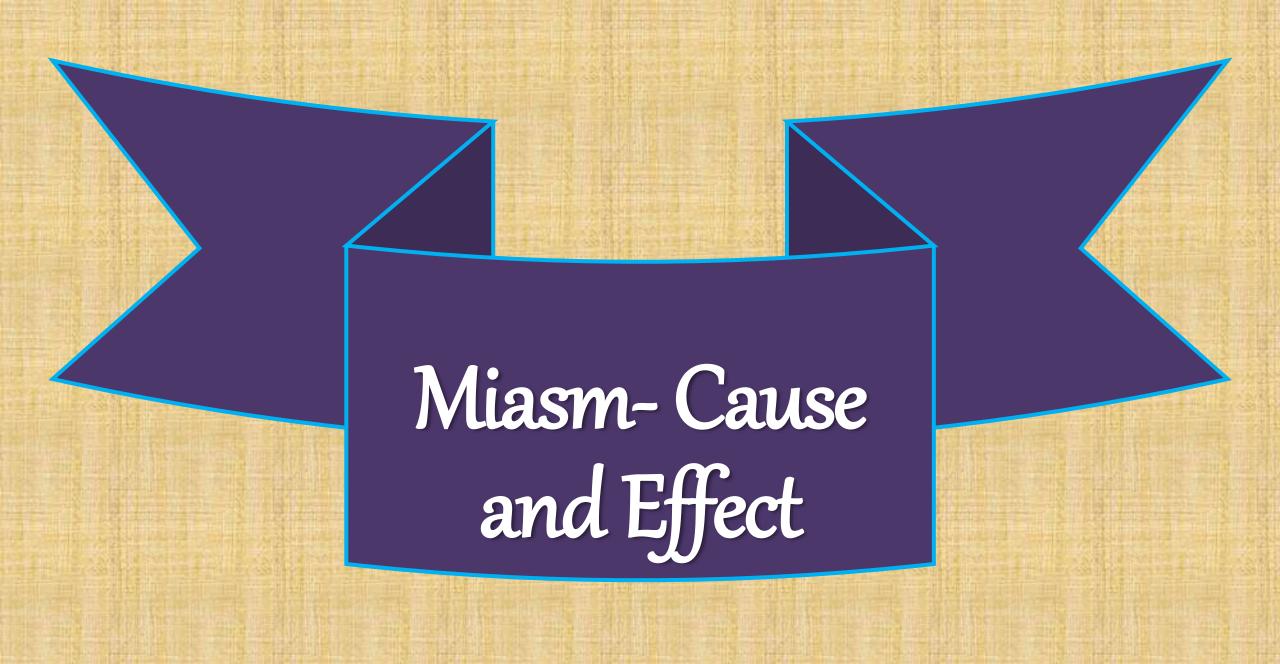
These days diseases are classified on the basis of nosological nomenclature and studied with the help of laboratory diagnosis

The concepts of constitutions studied today in homeopathy is similar to the ancient Avurveda's concept of vat pit and kapha which shows that the earlier concepts are similar to the recent ones

4

Hahnemann says that if a person with sanguine temperament catches primary infection of psora and later develops the secondary symptoms of psora; then these symptoms will be different from the similar catching and manifestation of the primary and secondary symptoms in a person with bilious temperament. (see reference on the next slide)

In todays time, these sanguine and bilious temperaments are studied with the viewpoint of hormonal changes. Family history needs to be taken to explore these.



- $\clubsuit$  Miasm  $\rightarrow$  STAIN (is the word for Miasm for us)
- 💠 Stain 'दाग'
- The Cause behind Stain may be many in number. Effect may be because of causes and this effect may be responsible for a number of diseases.

### CAUSE- EFFECT- CAUSE

One cause  $\rightarrow$  Produces an effect  $\rightarrow$  This effect becomes a cause for another thing and this leads to production of another effect

### Cause and effect form a chain

This is a natural phenomenon but goes on unnoticed usually

Host, agent environment etc.

 $\mathbf{1}$ 

Cause(s) occurred in them

 $\mathbf{\Lambda}$ 

A stain occurs on Vital Force so that Vital Force is not able to protect/ save itself from this Stain

 $\mathbf{1}$ 

The stain becomes an etiology for a number of diseases.

Hahnemann has talked everything about Cause and Effect. His theories are based upon Effect.

- In Introduction by James Krauss in Organon of Medicine, we read cessat effectus cessat causa
- Cessat effectus cessat causa means cease the effect, cause will cease itself. [For an effect there are multiple causes]

For an effect there is not one cause. For an effect there are multiple causes. Its not one cause behind one effect.

- Hahnemann says take out the 'most probable' exciting cause and not the exciting cause
- There are a number of causes to make an effect.
- The cause may be meagre but it does have a contribution. Each cause has a contribution, though little may be. There are a number of unknown factors which work behind a cause and take to the desired manifestation of symptoms.

- When we talk of miasm, we talk of stain which became a cause for a number of diseases in future. He did not think whether it is a bacteria, virus or fungi etc.
- The cause behind the stain is told in different views by various stalwarts.
- Effect of natural disease (signs and symptoms of patient) is matched with effects of artificial disease (signs and symptoms obtained by proving of medicines on healthy individuals) for employment of homoeopathic medicines to bring about cure.
- As a clinician, just understand miasm as a stain and causes and effects are according to it and just the effects are important for us.

- Refer §11 footnote- Infection means dynamic influence. Dynamic influence means an interaction of powers. These powers are those which influence the life powers. So, infection is a dynamic influence which can be emotional, which can be materialistic.
- Dynamic influence means we do not say that any materialistic thing is responsible.
- ◆ Person scolding a child → person falling ill, developing fits, cold, fever or any other complaint. This is due to dynamic influence. Therefore, this is also a type of infection. Homoeopathy talks of such infection, i.e., this is homoeopathic view of infection.

We read this under Psychoneuroimmunology.

## Miasmatic identification for any type of pathological state

### **1. PATHOGENESIS**

- mode of pathogenesis- of the three miasms, nature of pathogenesis. Which miasm has the following characters
- Proliferative...
- Accumulative..
- Malfunctioning, i.e. hyperaction and hypoaction
- Destructive

Identify the changes in the pathological disease

Psora	Syphilis	Sycosis
Functional diseases	Destructive, degenerative disorders, deformities and fragility	Incoordination → over- production, growth and infiltration

### **2. FAMILY HISTORY**

### **On both- paternal and maternal sides**

Parents, Brothers and sisters, Grandparents, Uncles, Aunts, Cousins, Etc.

Take as much detail as possible

Also refer §5, accessory circumstances Read the topic of ANAMNESIS

### **3. PAST HISTORY**

- Intrauterine history,
- First illness of life (mother may be able to tell this),
- Illnesses,
- Vaccinations,
- Animal bites
- Etc

Also refer §5, accessory circumstances Read the topic of ANAMNESIS

- 4. PERSONALITY- physical appearance and symptoms, mental symptoms- Some part of the miasm is fixed and some part is changeable.
- If a child is born, he is born with the stigma so he will be born with the morphological manifestations of the miasm, for example, say, syphilitic manifestations.
- But in future he may develop further miasmatic manifestations, example, say, he develops sycosis- but still his syphitic manifestations won't change
- So we have to consider his personality, i.e., as constitution, i.e. thin, fat, fair, black, etc.

### 4. PERSONALITY-

-- as part of **psyche**, as part of mental symptoms

- **5. PRESENT COMPLAINTS-**
- **Especially modalities** (first priority);
- Character of symptoms, which includes desires, aversion, discharges, other physical generals

From presenting complaints we minus all iatrogenic symptoms, symptoms due to wrong lifestyle, and then remaining symptoms are those of disease. To the symptoms of disease in proper, we take note of the family history and past history of the patient.

Symptoms – causa occasionalis + past history + family history = gives you miasm

THUS WE MUST KNOW THE SYMPTOMS OF ALL THE 3 MIASMS, (and the comparison of the symptoms of the three miasms to know various differences) SO AS TO MATCH THEM WITH THE SYMPTOMS OF THE PATIENT AND FIND THE DOMINANT MIASM OF THE PATIENT

For this we may refer various books like- Hahnemann's Organon of Medicine by BK Sarkar, Miasmatic diagnosis by Subrata Kumar Banerjea, Hahnemann's Chronic Diseases – Theoretical part, Chapter 18 from Principles and Practice of Homoeopathy, by M.L. Dhawle and Robert's philosophy

# Prescribing is always on symptoms, not on miasm- §209

#### Prescribing is on individualization (symptoms) and not on miasm

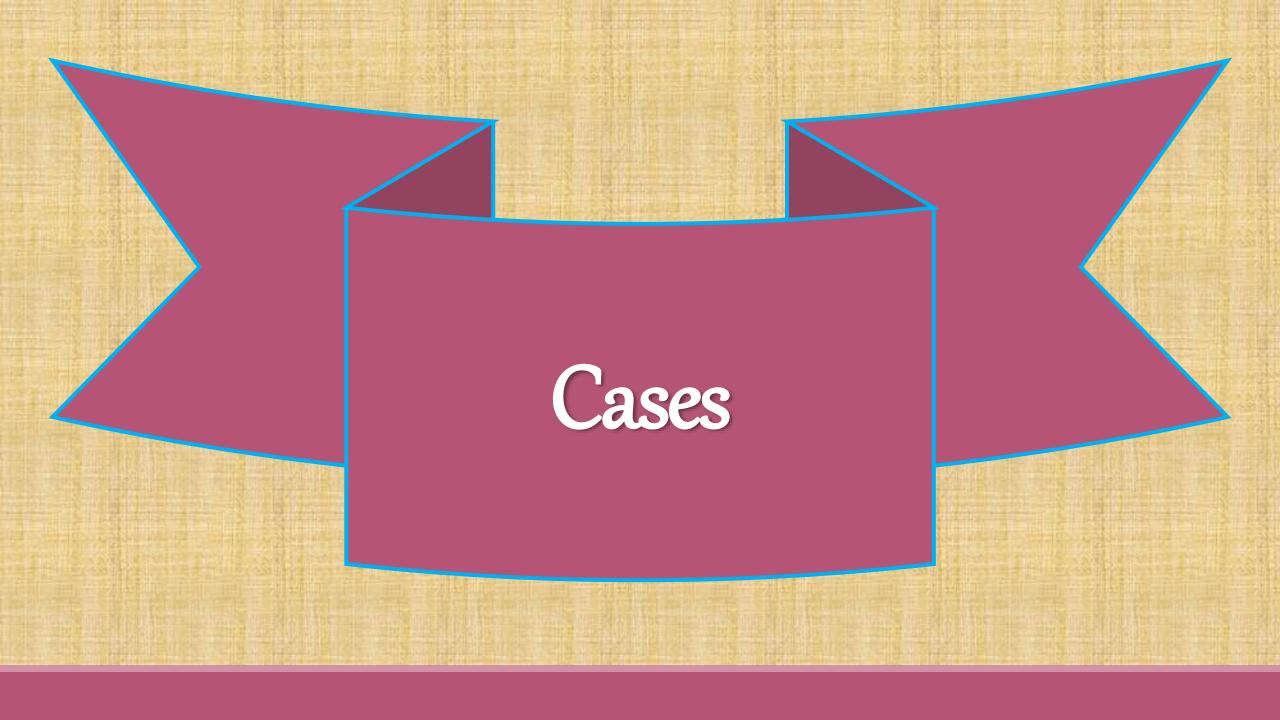
- When we see that inspite of giving treatment and inspite of that patient has followed the treatment religiously, symptoms are occurring; they are not because of any circumstances, rather they are because of miasm. These symptoms have to be investigated whether which miasm is there in them.
- Though we look for the miasm, but still we have to look for the remedy which has that miasm but which also has the individualizing symptoms of the patient- the remedy which also individualizes the patient along with the maism

### > So the prescribing is not on miasm but it is on individualization

We have to do such as treatment, except in the case of primary miasm where the case is untouched and we can give Sulphur in Psora, Thuja in Sycosis and Merc in Syphilis

(§282 6<sup>th</sup> edition footnote)

We must stop the case from going into secondary stage. In secondary stage there are endless number of diseases.



### A CASE OF HAIRLOSS

## Treated with classical homoeopathy, with LM scale of potencies

## A 36 year old lady, presented to me on 8th October 2016 with....

Hairloss from the central region of the scalp, since 7 to 8 years Also, itching, formication sensation and tiny

eruptions over the scalp

Loss of hair from eyebrows and eyelashes also

### **History of Present Complaints**

The complaints started with no visible hairloss, but she noticed an area of bladness setting in. Scalp is oily. Father expired in July 2016 More hairloss since then.



**REPORTS-** Deficiency of Vitamin B12 – 134, Vitamin D was 9.3 (September 2016)

**PAST HISTORY-** She is 8 minutes younger than her twin brother- delivery was normal: Vaginal- at 8<sup>th</sup> month Stiches on lips due to accident

### **FAMILY HISTORY-**

Father: had less growth of hair, thin hair; heart problem; had Parkinson's disease- expired in July 2016
Mother- Diabetes Mellitus since 3-4 years
Maternal grandfather- Diabetes Mellitus in old age
Paternal grandmother- throat cancer
Sister- had Tuberculosis in past and also has Diabetes Mellitus

### **PHYSICAL GENERALS**

**Appetite**- 3 meals/ day (moderate) **Desire**- Chinese, saute vegetables, rice, tea-without sugar Aversion- nothing specific Thirst- moderate Urine- nothing abnormal detected Stool- constipated Sleep- not very sound, wakes up with slight sound, sleeps in dark **Dreams**: snakes; mandir; father's death; earlier accidents; of daily routine; forgets after waking Perspiration- moderate; more over the forehead **Thermal reaction-** chilly *Tongue-* dry, clean

### **MENSTRUAL HISTORY**

Cycle length/ duration: 25 days; 3-4 days

Flow: moderate amount of flow

**Concomitant:** gets few pimples before menses which get better during menses

### **MENTAL GENERALS**

- Loquacity
- Habit of nail biting (? anxiety)
- Job is stressful and also involves long travelling hours
- Stress due to delayed marriage
- Can't tolerate tobacco smoke
- Conscientious

08.10.2016:

R<sub>x</sub> Ignatia amara 0/1/BD, 1 month

### 6.11.2016

Pain and itching in the eruptions of the scalp (*return of earlier symptoms*)

Headache since 1 week

No formication on scalp

Lack of sleep

Slightly constipated since 3-4 days

Pain in knees during sleep- due to sleeping in the air of the fan

R<sub>x</sub> Ignatia amara 0/2/BD, 1 month

### <u>26.11.2016</u>

General condition much better

Motion sickness

 $R_x$  finish taking ignatia 0/2, then take Ignatia amara 0/3/BD, 1 month

### 24.12.2016

Used camphor, so medicine got antidoted during the last month.

So given again

R<sub>x</sub> Ignatia amara 0/3/BD, 1 month



#### 29.01.2017

Pain in all the teeth since 1 to 2 months

Feeling of suffocation/nausea in lift since 1 month

Smell in the urine after passing urine since 15-20 days

Hunger with no desire to eat since 1 month

Pain in legs and feet (from knee to foot) on lying for sleeping at night

Moles over face

Eruptions on face

Unsatisfactory stool

No palpitation now

Decreased thirst

R<sub>x</sub> Ignatia amara 0/4/OD /2<sup>nd</sup> cup

### 18.02.2017

No smell in urine now

No pain in tooth

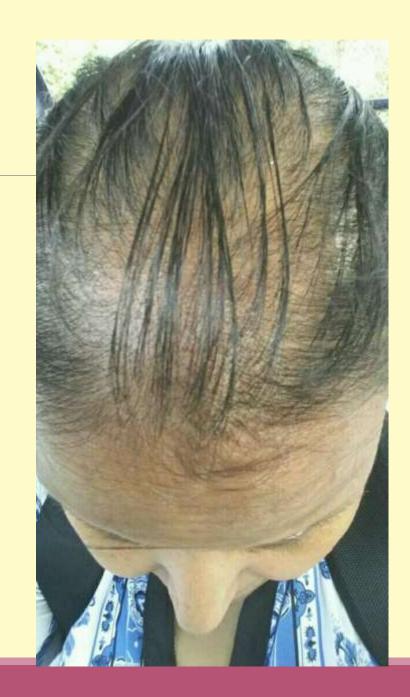
Pain in right shoulder

Hair fall present

Hair grown in scalp better

R<sub>x</sub>
 Continue Ignatia amara 0/4/ OD /2<sup>nd</sup> cup

 Ignatia amara 0/5/OD /2<sup>nd</sup> cup (1 month)



### 11.03.2017

General condition better

Moles on face

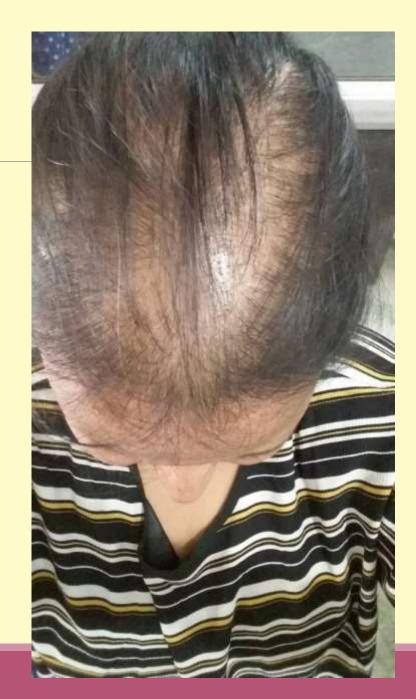
R<sub>x</sub> Ignatia amara 0/5/BD /2<sup>nd</sup> cup, 1 month

### 08.04.2017

General condition better

**Eruptions on face** 

R<sub>x</sub> Ignatia amara 0/6/BD /2<sup>nd</sup> cup, 1 month



#### 06.05.2017

Took only 2 weeks of last medicine

Eruptions (pimples) on face

Increased stress levels

Bruxism (biting of teeth during sleep at night) present

> R<sub>x</sub> Ignatia amara 0/6/BD /3<sup>rd</sup> cup, 1 month

### 17.06.2017 All complaints are back due to great work stress Desire: junk food, spicy food, green chilly (recently developed desires) Aversion: Tobacco smoke; disliking tea Lack of sleep Unsatisfactory stool Tiredness Pain in neck Hair fall, fall in eyelashes Eruptions on face better but still present Dryness of hair R<sub>x</sub> Feels to quit the job Ignatia amara 0/7/BD /1<sup>st</sup> cup, 1 o/o- watery eyes month

### 1.07.2017

**Decreased thirst** 

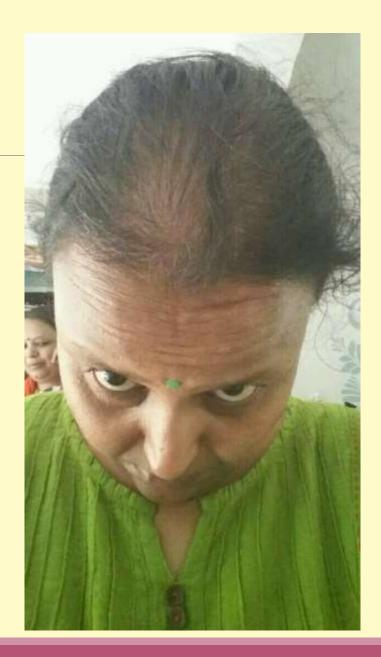
Headache on some days

Desire spicy; farinaceous food

Rest all the complaints are the same as recorded last time

Patient was apparently fine after this, and the case took a happy conclusion ©

R<sub>x</sub> Natrum Muriaticum 0/1/BD /1<sup>st</sup> cup + 3 refills (1 month)



### A CASE OF MIGRAINE

## Treated with classical homoeopathy, with LM scale of potencies

### A 28 years old lady presented to me on 10.08.2015 with.....

Known case of migraine since 5 years

Location: Pain was over the whole head; but more in the right side

More in the occipital and parietal region of the head

Sensation: Throbbing pain

Pain was felt in the face also. Sensation of swelling over the face during the pain

Darkness before the eyes during pain

Giddiness during pain; feeling of vibrations in the hands during pain

Sensation of heat of the head during pain

Modalities: >Sitting quietly

<afternoon, night

<slightest sound; external impressions

**Concomitant**: Highly irritable during pain

Nausea with pain, at times vomiting

# HISTORY OF PRESENTING COMPLAINTS

The patient was apparently well 5 years back when she started developing pain in the head. Earlier it used to be an occasional pain, later the frequency increased and was attended with nausea, at times vomiting also. Earlier routine pain killers used to give relief, but later no relief was felt with them. She was diagnosed as having migraine and pain was relieved with medicines of migraine only.

#### **PAST HISTORY**

History of boils and abscesses over the scalp in childhood for which she took treatment for nearly 8-9 years. That doctor told her that she has a 'weak head' and she might develop problems in future.

#### **PERSONAL HISTORY**

Lot of eye stain due to long hours of working before the computer at job.

**ON OBSERVATION:** tall thin, sanguine natured, lively, blushed face, active, friendly

## **PHYSICAL GENERALS**

Appetite: decreased; can't digest oily heavy food **Desire:** nothing significant found **Aversion:** nothing significant found Thirst: increased Urine: NAD Stool: NAD Sleep: NAD Dreams: NAD **Thermal reaction:** Hot **Perspiration:** NAD Tongue: NAD Allergic to dust in general

## **MENTAL GENERALS**

Sanguine natured

Lively,

Active

Friendly

Smiling, laughing most of the time

**ON OBSERVATION:** tall thin, sanguine natured, lively, blushed face, active, friendly

# PRESCRIPTION (10.08.2015) R<sub>x</sub> Belladonna 0/1/ BD Belladonna 0/2/ BD (2 weeks)

## FOLLOW UP (23.08.2015)

Had pain only once in the last 15 days; had to take allopathic medicine. R<sub>x</sub> Belladonna 0/3/ BD Belladonna 0/4/ BD

(2 weeks)

#### FOLLOW UP (20.09.2015)

 $R_x$ 

Pain was on and off but with decreased intensity.

Pain also occurred in neck and shoulders.

Pain and swelling in the right arm also occurred.

These were return of older symptoms of the patient

Belladonna 0/5/ BD Belladonna 0/6/ BD (2 weeks)

### FOLLOW UP (11.10.2015)

Headache better, occurred just twice this time

# $\mathbf{R}_{\mathbf{x}}$

Belladonna 0/7/ BD Belladonna 0/8/ BD Belladonna 0/9/ BD Belladonna 0/10/ BD (1 month)

### **FOLLOW UP (22.11.2015)**

Had an accident; so suffered Headache for 2-3 days at that time. Otherwise headache feels better. Used to get irritated over little things earlier, but not now. In the entire month, had headache for just 1 or 2 times.

## **R**<sub>x</sub>

Arnica montana 200/ 1 dose Belladonna 0/11/ BD Belladonna 0/12/ BD (2 weeks) FOLLOW UP (20.12.2015)

No pain this time

R<sub>x</sub>

Belladonna 0/13/ BD Belladonna 0/14/ BD

(2 weeks)

#### **FOLLOW UP (10.2.2016)**

Headache occurred after 26<sup>th</sup> January after she had travelled to Jhansi. She is getting married on 28 February, so she is having physical exertion these days for marriage preparations.

Pain in both temporal regions of head accompanied with nausea, had vomiting with headache once. Feels despair of recovery as headache has again returned.

Has habit of storing and keeping old things/belongings.

Pre-Marriage related stress is also there. Thinks about future- how things after marriage in future will be?

#### $\mathbf{R}_{\mathbf{x}}$

```
Arnica montana 200/ 1 dose
from next day start with - Calcarea carbonica 0/1/BD
```

```
(1 week)
```

#### **FOLLOW UP (17.2.2016)**

Having cold coryza due to dust of red chilly; <night; throat pain; fever; body ache; warmth ameliorates the throat pain.

She did washing/cleaning of the house yesterday

### $\mathbf{R}_{\mathbf{x}}$

Rhustox 200/ 9 dose/ each dose to be taken 2 hourly from next day start with - Calcarea carbonica 0/2/BD Then later by next week take Calcarea carbonica 0/3/BD (2 week)

Patient was apparently fine after this, and the case took a happy conclusion ©

# CONCLUSION

In homoeopathy, Miasms are attributed to be the main obstacles to cure and the fundamental cause of chronic diseases. Hahnemann stated in Organon of medicine (§5) that the most significant points in the whole history of the chronic diseases enable to discover the fundamental cause which is generally due to a chronic Miasm.

The prime concern of every Homeopath must be the understanding of miasmatic theory. It is also very essential to comprehend and align the various concept used in the olden times with respect to the Modern Practice. One can consider the teachings of Dr. Hahnemann to understand Miasms and the Miasmatic Prescribing.



I would like to thank the team of Homoeopathy 360 for giving me this opportunity to share this topic with all today!

## **Heartfelt thanks!**

# Study HARD AND SEE THE MAGIC

IT'S NOT THE TIME TO LOOK FOR EXCUSES. Yes study sucks, But trust me, Not more than failure does!

Reiner R. Senart

thank you!

Fun2Video

I'VE GOT A DREAM THAT'S WORTH MORE THAN MY SLEEP

I did it!

WILL DO IT

CAN DO IT

I'LL TRY TO DO IT

HOW DO I DO IT ?

WHICH STEP HAVE YOU REACHED TO DAY ?

WANT TO DO IT

ICAN'T DO IT

WON'T DO IT